FLAVORS YOU CRAVE.
CLASSICS YOU LOVE.

Perkins
RESTAURANT & BAKERY
Just for STARTERS

Our table is a place to share stories, laughs and tasty appetizers.

BUILD-YOUR-OWN SAMPLER
Pick 3 different items
· Chicken Strips with Honey Mustard 750 cal
· Onion Rings with Chipotle Ranch 470 cal
· MozzaSticks with Marinara 410 cal
· Fried Pickles with Ranch 490 cal
· Crispy Fries 570 cal
· Crispy Tots 470 cal

CHICKEN STRIPS
Crispy, all white meat chicken breast strips served with Honey Mustard dipping sauce. 870 cal

MOZZASTICKS
Crispy on the outside, ooey-gooey on the inside – six Mozzarella cheese sticks served with Marinara sauce. 520 cal

FRIED PICKLES
Breaded and Southern-fried pickle chips served with Ranch dressing. 790 cal

ONION RINGS
Our batter-fried jumbo onion rings are served with zesty Chipotle Ranch dipping sauce. 880 cal

STRAWBERRY & CREAM CHEESE CRISPERS
Delicious strawberries and sweet cream cheese tucked inside two hand-rolled wraps, lightly fried and dusted with powdered sugar. 310 cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.
**Classics**

**FRESH-CRACKED**

**BUILD-A-BREAKFAST**

**BIG BISCUIT**

**Egg-cellent**

TRIPLE EGG DARE YA

Three eggs*, three Applewood smoked bacon strips, three sausage links, two made-from-scratch buttermilk pancakes, two slices of French toast and crispy hash browns or breakfast potatoes. 1590-1660 cal

TREMENDOUS TWELVE®

Three eggs*, four buttermilk pancakes, choice of hash browns or breakfast potatoes and choice of four Applewood smoked bacon strips or four sausage links. 1270-1660 cal

MAGNIFICENT SEVEN®

Two eggs*, two Applewood smoked bacon strips and three buttermilk pancakes. 740 cal

TWICE AS NICE COMBO

Two eggs* with crispy hash browns and three buttermilk pancakes. 770 cal

PORKChOPS & EGGS

Two grilled chops, served with two eggs*, choice of hash browns or breakfast potatoes and choice of three buttermilk pancakes, fresh baked Mammoth Muffin® or buttered toast. 1210-1760 cal

FABULOUS FIVE

One egg*, two Applewood smoked bacon strips and choice of two buttermilk pancakes or buttered toast. 480-560 cal

ALL AMERICAN

Two eggs* with two Applewood smoked bacon strips and crispy hash browns. 350 cal

COUNTRY FRIED STEAK & EGGS

Lightly breaded steak topped with our country-style cream gravy. Served with two eggs*, choice of hash browns or breakfast potatoes and choice of three buttermilk pancakes, fresh baked Mammoth Muffin® or buttered toast. 1260-1810 cal

STEAK MEDALLIONS & EGGS

Tender USDA steak medallions with grilled crimini mushrooms and onions. Served with two eggs*, choice of hash browns or breakfast potatoes and choice of three buttermilk pancakes, fresh baked Mammoth Muffin® or buttered toast. 1050-1620 cal

ANY OMELET OR SCRAMBLED EGG ENTRÉE CAN BE PREPARED WITH EGG WHITES (2 EGGS/3 EGGS SUBTRACT 50/80 CAL) – JUST ASK US!

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GRANNY’S COUNTRY™
Filled with diced grilled ham, onions, green peppers, American cheese, cheese sauce and crispy hash browns. Topped with all of the same! 640 cal

THE EVERYTHING
Diced grilled ham, crimini mushrooms, tomatoes, onions, green peppers and American cheese - this classic omelet has it all! 550 cal

HAM ‘N CHEESE
A traditional favorite of diced grilled ham and American cheese. Served with three buttermilk pancakes. No sides. 1050 cal

MEAT ‘N POTATOES
Pork sausage, Applewood smoked bacon, smoked ham, grilled red onions and Cheddar atop an omelet stuffed with more of the same, plus crispy tots. 1030 cal

NEW! TURKEY SAUSAGE
An egg white omelet filled with turkey sausage, crimini mushrooms, green bell peppers, onions, diced tomatoes and Swiss cheese. Served with fresh fruit and dry whole wheat toast. No sides. 600 cal

MUSHROOM ‘N SWISS
Topped and loaded with grilled crimini mushrooms and melted Swiss cheese. Served with three buttermilk pancakes. No sides. 950 cal

BUILD-YOUR-OWN
Choose any two ingredients 230 cal
ADD .50 FOR EACH ADDITIONAL:
Diced Ham 140 cal • Sausage 210 cal
Applewood Smoked Bacon 35 cal • American Cheese 170 cal
Swiss Cheese 170 cal • Cheddar Cheese 170 cal
Pepper Jack Cheese 150 cal • Hollandaise 110 cal
Crimini Mushrooms 5 cal • Tomatoes 5 cal • Onions 10 cal
Green Peppers 5 cal

A three-egg omelet served with crispy hash browns 210 cal or breakfast potatoes 280 cal and a choice of three made-from-scratch buttermilk pancakes 540 cal, buttered toast 310-390 cal or fresh-baked Mammoth Muffin® 630-790 cal unless noted “No sides”.

**NOTICE:** Eggs served over easy, basted, poached, sunny-side up or soft boiled, and hamburgers and steaks that are served rare or medium rare may be undercooked and will only be served upon the consumer’s request if permitted by health department regulations. Whether dining out or preparing food at home, consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Our Fit Favorite entrées are lower in calories and taste great!

**Great Plates – Value Menu Items**
GRIDDLE GREATS

Warm, delicious and made with care. Each served with two eggs* and choice of two Applewood smoked bacon strips 70 cal or two sausage links 240 cal unless noted “No sides”.

Our Fit Favorite entrées are lower in calories and taste great!  Great Plates – Value Menu Items

SCRATCH-MADE BELGIAN WAFFLE PLATTER
A Belgian Waffle dusted with powdered sugar for the perfect dash of sweetness. 620 cal  
à la carte 460 cal

STRAWBERRY CROISSANT FRENCH TOAST PLATTER
A flaky buttery croissant, dipped in our signature batter, grilled and loaded with sweet glazed strawberries and Bavarian cream. 760 cal  à la carte 630 cal

BRIOCHÉ FRENCH TOAST PLATTER
Two slices of thick-cut brioche bread dipped in our signature batter, grilled and sprinkled with powdered sugar. 730 cal  à la carte (2) 640 cal

FRENCH TOAST PLATTER
Three slices of Vienna bread dipped in our signature batter, grilled and sprinkled with powdered sugar. 620 cal  à la carte (3) 490 cal

但也米林克煎饼
Enjoy three buttermilk pancakes. No sides. 540 cal
Blueberry Pancakes 570 cal

但也米林克煎饼
Three potato pancakes served with applesauce and two Applewood smoked bacon strips. No sides. 610 cal

BLUEBERRY BUTTERMILK PANCAKE BREAKFAST
Two buttermilk pancakes loaded with juicy blueberries, served with scrambled egg whites and two turkey sausage patties. No sides. 520 cal

SWEETEN YOUR GRIDDLE GREAT!
Add glazed strawberries 170 cal

BUILD-A-BREAKFAST

Made-to-order. Any order. Start with two large, farm-raised eggs* 170 cal, any style, then choose one item from each list below.

1. Applewood Smoked Bacon (2) 70 cal
2. Sausage Links (2) 240 cal
3. Sausage Patties (2) 380 cal
4. Turkey Sausage Patties (2) 210 cal
5. Smoked Sausage 380 cal
6. Grilled Ham 80 cal

7. Crispy Hash Browns 210 cal
8. Crispy Tots 470 cal
9. Breakfast Potatoes 280 cal
10. Fresh Fruit 70 cal

11. Three Buttermilk Pancakes 540 cal
12. Fresh Baked Mammoth Muffin® 630-790 cal
13. Buttered Toast 310-390 cal
14. Two Fresh Baked Biscuits 650 cal

CRAVING MORE? ADDITIONAL CHARGE FOR TWO BACON STRIPS 70 CAL, SAUSAGE LINKS 240 CAL OR SAUSAGE PATTIES 380 CAL.

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C L A S S I C S

FRESH-CRACKED GRIDDLE GREATS

E G G - C E L L E N T B E N D E R S

Big Biscuit Omelets

Farm-fresh benedicts

Egg-cellent

Craving more with your sunrise skillet?

ADDITIONAL FOR CHOICE OF ONE SIDE:
• Three Buttermilk Pancakes 540 cal
• Fresh Baked Mammoth Muffin® 630-790 cal
• Buttered Toast 310-390 cal

Our Fit Favorite entrées are lower in calories and taste great!

THE CLASSIC BENEDICT
The tried-and-true favorite. Two basted eggs*, grilled ham and creamy hollandaise atop an English muffin. 650 cal

CALIFORNIA AVOCADO BENEDICT
Two basted eggs*, fresh avocado, Applewood smoked bacon, oven-roasted tomatoes, Pepper Jack cheese, creamy hollandaise and garlic seasoning atop an English muffin. 1020 cal

EGG-CELLENT BENEDICTS

Our Eggs-traordinary Benedicts are served with fresh fruit and choice of crispy hash browns 210 cal or breakfast potatoes 280 cal.

THE EVERYTHING
Grilled ham, crimini mushrooms, green peppers, tomatoes, onions and American cheese with two eggs* served over homestyle seasoned potatoes. 690 cal

SPINACH & MUSHROOM
Fresh from the garden. Fresh spinach, onions, crimini mushrooms and oven-roasted tomatoes, served with egg whites over homestyle seasoned potatoes. 440 cal

BIG COUNTRY
Pork sausage, Applewood smoked bacon, smoked ham, American cheese and cream gravy with two eggs* served over crispy smashed tots. 1160 cal

SPINACH & MUSHROOM

CALIFORNIA AVOCADO BENEDICT
Two basted eggs*, fresh avocado, Applewood smoked bacon, oven-roasted tomatoes, Pepper Jack cheese, creamy hollandaise and garlic seasoning atop an English muffin. 1020 cal

Applewood Smoked Bacon (4) 140 cal
Sausage Links (4) 460 cal
Sausage Patties (2) 380 cal
Turkey Sausage Patties (2) 210 cal
Grilled Ham (2) 160 cal
Smoked Sausage 380 cal

Crispy Hash Browns 210 cal
Crispy Tots 470 cal
Breakfast Potatoes 280 cal
Quaker® Oatmeal available till 11 a.m. 390 cal
Fresh Fruit 70 cal seasonal price

Buttered Toast 310-390 cal
English Muffin® 230 cal
Fresh Baked Biscuits (2) 650 cal
Fresh Baked Cinnamon Roll 710 cal
Fresh Baked Mammoth Muffin® 630-790 cal

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BBQ SMOKED CHICKEN
Smoked, pulled chicken drizzled with a sweet BBQ sauce. Topped with crispy Onion Tanglers® and creamy cheese sauce served on a grilled hoagie roll. 640 cal

NEW POT ROAST MELT
Tender braised beef, grilled red onions, melted Cheddar and American cheeses on grilled garlic Parmesan sourdough bread with au jus for dipping. 1040 cal

SONOMA CHICKEN SALAD CROISSANT
A flaky, buttery croissant loaded with a blend of smoked, pulled chicken, red grapes, celery, walnuts and fresh leaf lettuce. 620 cal

TRIPLE DECKER CLUB
Butterball® oven-roasted turkey, Applewood smoked bacon, tomato, lettuce and mayo on white or whole wheat toast. 930 cal

FRENCH DIP
Warm, sliced roast beef, Swiss cheese and grilled red onions on a grilled hoagie with au jus for dipping. 750 cal

CHICKEN STRIPS MELT
Crispy chicken strips, Applewood smoked bacon and melted Pepper Jack cheese with Ranch dressing served on grilled sourdough bread. 1290 cal

BIG BACON BLT
Six strips of crisp Applewood smoked bacon with lettuce, tomato and mayo on white or whole wheat toast. 640 cal

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Served with fries 570 cal or cup of soup 100-280 cal. Sub Onion Rings 500 cal

Great Plates – Value Menu Items
**SIGNATURE BURGERS**

100% Angus beef prepared medium well and served with fries 570 cal or cup of soup 100-280 cal. Sub Onion Rings 500 cal

**BBQ TANGLER BURGER***
Sweet BBQ sauce, Cheddar cheese, Applewood smoked bacon, crunchy Onion Tanglers®, lettuce, tomato, sweet red onions and pickles on a warm brioche bun. 1170 cal

**THE BREAKFAST BURGER***
Crispy seasoned hash browns, Applewood smoked bacon, Cheddar cheese and a fried egg on a warm brioche bun. 1120 cal

**PATTY MELT PILE ON***
Two Angus beef patties, sautéed onions, American cheese and pickles on grilled Vienna bread. 1410 cal

**CLASSIC CHEESEBURGER***
Cheddar cheese, lettuce, tomato, sweet red onions and pickles on a warm brioche bun. 910 cal

**HONEY MUSTARD CHICKEN CRUNCH**
Crispy chicken strips, sweet red onions, red peppers, tomatoes, American cheese, Applewood smoked bacon and Honey Mustard dressing on fresh garden greens. 980 cal

**TURKEY BLT**
Butterball® roasted turkey, Applewood smoked bacon, diced tomatoes, red onions and American cheese on fresh garden greens, served with choice of dressing 380 cal

**SOUTHWEST AVOCADO**
Blackened chicken, black bean corn relish, American cheese and fresh avocado on garden greens with crunchy tortilla straws and a zesty Chipotle Ranch dressing. 820 cal

**FRESH SALADS**

DRESSINGS:
- White Balsamic Vinaigrette 180 cal
- Blue Cheese 400 cal
- French 350 cal
- Honey Mustard 380 cal
- Buttermilk Ranch 250 cal
- Thousand Island 280 cal

(Dressings may vary. Please ask your server).

Our Fit Favorite entrées are lower in calories and taste great!
OUR Fit Favorite entrées are lower in calories and taste great!

**Great Plates – Value Menu Items**

**GRILLED TILAPIA & SHRIMP**
Garlic-seasoned tilapia topped with grilled shrimp and drizzled with garlic butter. Served over herb rice pilaf with grilled asparagus. Also available Cajun-seasoned. 460/550 cal

**JUMBO SHRIMP DINNER**
Six crispy-fried jumbo shrimp, served with cocktail sauce and choice of two dinner sides. 360-1410 cal

**POT ROAST STROGANOFF**
Braised beef, crimini mushrooms and onions served over tender egg noodles in a savory cream sauce with a drizzle of sour cream. 1120 cal

**CHICKEN STRIPS DINNER**
Our crispy, all white meat chicken breast strips are served with Honey Mustard dipping sauce and choice of two sides. 890-1040 cal

**GRILLED CHICKEN WITH MUSHROOMS & ASPARAGUS**
Lemon herb chicken breast, grilled and topped with garlic crimini mushrooms. Served over herb rice pilaf with grilled asparagus and a White Balsamic Vinaigrette. 580 cal

**DOUBLE CATCH**
Two crispy cod fillets with four jumbo fried shrimp. Served with fries, cocktail and tartar sauces. 1310 cal

**BUTTERBALL® TURKEY & DRESSING**
Oven-roasted slices on sage dressing with hearty turkey gravy and cranberry sauce. Served with two dinner sides. 600-1650 cal

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**Warm up**

WITH A CUP OR BOWL OF OUR DELICIOUS, HEARTY SOUP!

CUP       BOWL

CHICKEN NOODLE 150/250 CAL  |  CHICKEN TORTILLA 100/150 CAL
TOMATO BASIL 280/460 CAL  |  LOADED BAKED POTATO 280/460 CAL

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CHICKEN, BACON & BROCCOLI PASTA
Lemon herb chicken, Applewood smoked bacon, broccoli, tomatoes and Parmesan on linguine with a lemon garlic cream sauce. 1120 cal
Also available with garlic grilled shrimp. 980 cal

GRILLED SALMON
Flaky, tender fillet - Cajun or garlic-seasoned, or teriyaki-glazed. Served with two dinner sides. 540-1610 cal

COUNTRY FRIED STEAK
Lightly breaded steak topped with our country-style cream gravy and served with two dinner sides. 660-1710 cal

GRILLED PORK CHOPS
Two grilled pork chops, Cajun or garlic-seasoned, or teriyaki-glazed. Served with two dinner sides. 670-1740 cal

HOMEMADE MEATLOAF
Savory sweet-glazed meatloaf served over real mashed potatoes and topped with crispy onions and a rich beef gravy. Served with buttered corn, 1060 cal

NEW! CLASSIC POT ROAST
Tender chunks of braised beef, sweet green peas, tender carrots, onions and a hearty beef gravy. Served with two dinner sides. 650-1700 cal

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BEVERAGE & PIE
CHOOSE ANY BEVERAGE AND SLICE OF PIE FOR AN ADDITIONAL CHARGE WITH ANY ENTRÉE PURCHASE.
Beverages exclude large juice, large milk, milk shakes, malts, beer and wine.
Pie variety may vary by restaurant.

STEAK MEDALLIONS WITH MUSHROOMS
Tender USDA steak medallions* with criminis mushrooms and onions, all topped with garlic butter and served with two dinner sides. 570-1620 cal
Add Fried Shrimp 270 cal

Beverages exclude large juice, large milk, milk shakes, malts, beer and wine.
Pie variety may vary by restaurant.

**Beverage & Pie**
Choose any beverage and slice of pie for an additional charge with any entrée purchase.
Beverages exclude large juice, large milk, milk shakes, malts, beer and wine.
Pie variety may vary by restaurant.

**STEAK MEDALLIONS WITH MUSHROOMS**
Tender USDA steak medallions* with crimini mushrooms and onions, all topped with garlic butter and served with two dinner sides. 570-1620 cal
Add Fried Shrimp 270 cal

**CHICKEN, BACON & BROCCOLI PASTA**
Lemon herb chicken, Applewood smoked bacon, broccoli, tomatoes and Parmesan on linguine with a lemon garlic cream sauce. 1120 cal
Also available with garlic grilled shrimp. 980 cal

**GRILLED SALMON**
Flaky, tender fillet - Cajun or garlic-seasoned, or teriyaki-glazed. Served with two dinner sides. 540-1610 cal

**COUNTRY FRIED STEAK**
Lightly breaded steak topped with our country-style cream gravy and served with two dinner sides. 660-1710 cal

**GRILLED PORK CHOPS**
Two grilled pork chops, Cajun or garlic-seasoned, or teriyaki-glazed. Served with two dinner sides. 670-1740 cal

**HOMEMADE MEATLOAF**
Savory sweet-glazed meatloaf served over real mashed potatoes and topped with crispy onions and a rich beef gravy. Served with buttered corn, 1060 cal

**NEW! CLASSIC POT ROAST**
Tender chunks of braised beef, sweet green peas, tender carrots, onions and a hearty beef gravy. Served with two dinner sides. 650-1700 cal

**DINNER SIDES**

<table>
<thead>
<tr>
<th>Side</th>
<th>Calories</th>
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<tbody>
<tr>
<td>Garden Salad</td>
<td>110 cal</td>
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<tr>
<td>Fresh Fruit</td>
<td>70 cal</td>
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<td>Grilled Asparagus</td>
<td>45 cal</td>
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<td>Fresh Broccoli</td>
<td>120 cal</td>
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<td>Green Beans with Bacon</td>
<td>45 cal</td>
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<td>Fresh Sautéed Spinach</td>
<td>70 cal</td>
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<td>Buttered Corn</td>
<td>150 cal</td>
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<td>Herb Rice Pilaf</td>
<td>270 cal</td>
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<tr>
<td>French Fries</td>
<td>570 cal</td>
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<tr>
<td>Crispy Tots</td>
<td>470 cal</td>
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<tr>
<td>Real Mashed Potatoes</td>
<td>Served with a rich brown gravy 240 cal</td>
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<tr>
<td>Baked Potato</td>
<td>300 cal</td>
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<td>Additional charge for bacon, cheese and sour cream 390 cal</td>
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STEAK & PEPPERS
USDA steak tips* with tender red bell peppers, grilled red onions, crimini mushrooms and a rich beef gravy served over homestyle seasoned potatoes.
800 cal

HIBACHI GRILLED SHRIMP
Teriyaki-glazed grilled shrimp, stir-fried with red bell peppers, red onions and broccoli, all served on garlic butter rice. 690 cal

Hibachi Fried Chicken
860 cal

MINI POT PIE Combo
Our right-sized Chicken Pot Pie served with a fresh garden salad plus a FREE slice of our fresh baked pie!
1250-1710 cal
Available only after 11 a.m.

Additional charge for a fresh garden salad or cup of soup 100-280 cal.

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Handcrafted Menu

PERKINS 55+

LUNCH & DINNER

BEVERAGES

LUNCH DUOS & TRIOS

Classics

COMFORT Combo

New! MINI POT PIE

HANDHELDS

Handcrafted LUNCH & DINNER

ALL DAY BREAKFAST

55 PLUS MENU

Available to our guests 55 years of age and older.

Beverages

Variety may vary by location.

55 PLUS TWO-EGG OMELET
Choose any two ingredients: 170 cal
Additional charge for each additional:
- Diced Ham 80 cal - Sausage 210 cal
- Applewood Smoked Bacon 35 cal
- American Cheese 110 cal - Swiss Cheese 110 cal
- Cheddar Cheese 110 cal - Pepper Jack Cheese 100 cal
- Hollandaise 110 cal - Crimini Mushrooms 5 cal
- Tomatoes 5 cal - Onions 10 cal - Green Peppers 5 cal
Served with choice of two buttermilk pancakes, fresh baked Muffin® or buttered toast. 485-1170 cal

55 PLUS ONE-EGG CLASSIC
One egg* with two Applewood smoked bacon strips or two sausage links, crispy hash browns or breakfast potatoes and choice of two buttermilk pancakes, fresh baked Muffin® or buttered toast. 750-1470 cal

55 PLUS ONE-EGG BENEDICT
A basted egg*, grilled ham and hollandaise on an English muffin half. Served with fresh fruit and choice of crispy hash browns or breakfast potatoes. 690-760 cal

55 PLUS POTATO PANCAKES
Three potato pancakes served with applesauce and two Applewood smoked bacon strips. 610 cal

55 PLUS BUTTERMILK PANCAKES
Three buttermilk pancakes served with two Applewood smoked bacon strips or two sausage links. 610-780 cal

55 PLUS BRIOCHÉ FRENCH TOAST
Two slices served with two Applewood smoked bacon strips or two sausage links. 710-880 cal

55 PLUS FRENCH TOAST
Three slices served with two Applewood smoked bacon strips or two sausage links. 560-730 cal

ADD GLAZED STRAWBERRIES 170 cal

LUNCH & DINNER

Served with two sides: Garden Salad · Fresh Fruit · Grilled Asparagus · Green Beans with Bacon · Fresh Broccoli · Buttered Corn · Fresh Sautéed Spinach · Herb Rice Pilaf · Real Mashed Potatoes · French Fries · Crispy Tots · Baked Potato · Add a third side for additional charge 45-570 cal per side

55 PLUS BUTTERBALL® TURKEY & DRESSING
Oven-roasted slices on sage dressing with hearty turkey gravy and cranberry sauce. 600-1650 cal

55 PLUS CHICKEN STRIPS DINNER
Served with Honey Mustard dipping sauce. 890-1940 cal

55 PLUS TILAPIA GRILLE
Two Cajun or garlic-seasoned grilled, lake-grown tilapia fillets. 450-1500 cal

55 PLUS GRILLED CHICKEN BREAST
Choice of Cajun, garlic-seasoned or teriyaki-glazed. 310-1380 cal

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**Lunch DUOS & TRIOS**

**YOUR LUNCH YOUR WAY**
Available after 11 a.m.

**DUO** Pick one item from two of the four categories

**TRIO** Pick one item from three of the four categories

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### 1. BOWL OF SOUP

- **CHICKEN NOODLE** 260 cal
- **TOMATO BASIL** 460 cal
- **CHICKEN TORTILLA** 150 cal
- **LOADED BAKED POTATO** 460 cal

### 2. HALF SANDWICHES

- **CHICKEN STRIPS MELT**
  Crispy chicken strips, Applewood smoked bacon and melted Pepper Jack cheese with Ranch dressing and served on grilled sourdough bread. 720 cal

- **BLT**
  Three strips of Applewood smoked bacon with lettuce, tomato and mayo served on white or whole wheat toast. 320 cal

- **SONOMA CHICKEN SALAD CROISSANT**
  A flaky, buttery croissant loaded with a blend of smoked pulled chicken, red grapes, celery, walnuts and fresh leaf lettuce. 310 cal

- **FRENCH DIP**
  Warm, sliced roast beef, Swiss cheese and grilled red onions on a grilled hoagie with au jus for dipping. 390 cal

- **BBQ SMOKED CHICKEN**
  Smoked, pulled chicken drizzled with a sweet BBQ sauce. Topped with crispy Onion Tanglers® and creamy cheese sauce served on a grilled hoagie roll. 420 cal

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### 3. SIGNATURE SIDE SALADS

- **SOUTHWEST AVOCADO**
  Blackened chicken, black bean corn relish, American cheese and fresh avocado on fresh garden greens. Garnished with crunchy tortilla straws and served with Chipotle Ranch dressing. 480 cal

- **TURKEY BLT**
  Butterball® roasted turkey, Applewood smoked bacon, diced tomatoes, red onions and American cheese on fresh garden greens, served with choice of dressing. 190 cal

- **THE GARDEN**
  Garden greens, tomatoes, sweet red onions, American cheese and croutons, served with choice of dressing. 110 cal

- **HONEY MUSTARD CHICKEN CRUNCH**
  Crispy chicken strips, sweet red onions, tender red bell peppers, tomatoes, American cheese, Applewood smoked bacon and Honey Mustard dressing on fresh garden greens. 490 cal

### 4. PIES & TREATS

- **SLICE OF FRESH BAKED PIE**
  Variety may vary by restaurant:
  - Banana Cream Pie 700 cal
  - Caramel Apple Pie 500 cal
  - Cherry Pie 580 cal
  - Chocolate French Silk Pie 760 cal
  - Coconut Cream Pie 640 cal
  - Lemon Meringue Pie 500 cal
  - Peanut Butter Silk Pie 930 cal
  - Wildberry Pie, no sugar added 470 cal

- **FRESH BAKED COOKIES (2)** 580-620 cal
- **BROWNIE** 560 cal

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**BUY 3 MUFFINS, COOKIES, BROWNIES OR CINNAMON ROLLS, GET 3 FREE!**

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**YOUR PERKS START AT MYPERKINS**

- Join at perkinsrestaurants.com or text PERKS to 41208.
  As a MyPerkins® eClub member, you’ll be the first to know about our latest specials and promotions. Including exclusive offers like a 20% off coupon just for joining and a free Magnificent Seven® breakfast on your birthday.
  Message and data rates may apply.

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**PERKINS’ GIFT CARDS**

Available in reloadable amounts ($5–$100)*

*Minimum $5 amount.

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Butterball® is a registered trademark of Butterball, LLC. Perkins® entrées feature turkey by Butterball®. “Coca-Cola” is a registered trademark of Coca-Cola Company. Printed in the U.S.A. ©2019 Perkins & Marie Callender’s, LLC.