FLAVORS YOU CRAVE.
CLASSICS YOU LOVE.

Perkins
RESTAURANT & BAKERY
DISCOVER
60+ BOTTOMLESS DRINKS

150/0 cal
cherry 160/0 cal
cherry vanilla 160/0 cal
lemon 160/0 cal
orange vanilla 160/0 cal
raspberry 160/0 cal
vanilla 160/0 cal

0 cal
cherry vanilla 0 cal
lemon 0 cal
orange 0 cal
raspberry 0 cal
vanilla 0 cal

150/5 cal
cherry 160/5 cal
orange 150/10 cal
raspberry 150/10 cal
vanilla 150/5 cal

150/0 cal
cherry 150/5 cal
cherry vanilla 150/10 cal
vanilla 150/5 cal

160/10 cal
pink lemonade 160/10 cal
orange 160/10 cal
raspberry 190/10 cal

sweet 130/0 cal
lemon 130/0 cal
raspberry 140/5 cal

unflavored 0 cal
lemon lime 5 cal

lemonade 10 cal

20+ UNIQUE DRINK CHOICES
30+ LOW/NO CALORIE CHOICES
40+ CAFFEINE FREE CHOICES

Try Your New Favorite Today!
Just for STARTERS

Our table is a place to share stories, laughs and tasty appetizers.

BUILD-YOUR-OWN SAMPLER
Pick 3 different items
Pick 4 different items
- Chicken Strips with Honey Mustard 750 cal
- Onion Rings with Chipotle Ranch 470 cal
- MozzaSticks with Marinara 410 cal
- Fried Pickles with Ranch 490 cal
- Crispy Fries 570 cal
- Crispy Tots 470 cal

CHICKEN STRIPS
Crispy, all white meat chicken breast strips served with Honey Mustard dipping sauce. 870 cal

MOZZASTICKS
Crispy on the outside, ooey-gooey on the inside – six Mozzarella cheese sticks served with Marinara sauce. 520 cal

FRIED PICKLES
Breaded and Southern-fried pickle chips served with Ranch dressing. 790 cal

ONION RINGS
Our batter-fried jumbo onion rings are served with zesty Chipotle Ranch dipping sauce. 880 cal

STRAWBERRY & CREAM CHEESE CRISPERS
Delicious strawberries and sweet cream cheese tucked inside two hand-rolled wraps, lightly fried and dusted with powdered sugar. 310 cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.
FRESH-CRACKED CLASSICS

FRESH & FIT SUBSTITUTIONS
Egg Whites = 40 cal less per egg • Dry Wheat Toast = 45 cal less per slice
Sugar Free Syrup = 120 cal less per serving • Turkey Sausage = 170 cal less than pork sausage per patty

TRIPLE EGG DARE YA
Three eggs*, three Applewood smoked bacon strips, three sausage links, three made-from-scratch buttermilk pancakes, two slices of French toast and crispy hash browns or breakfast potatoes. 1590-1660 cal

HEARTY MAN’S COMBO
Two eggs*, smoked sausage, two Applewood smoked bacon strips and two sausage links. Served with crispy hash browns or breakfast potatoes and choice of three buttermilk pancakes, fresh baked Mammoth Muffin® or buttered toast. 1320-1870 cal

TREMENDOUS TWELVE®
Three eggs*, four buttermilk pancakes, choice of hash browns or breakfast potatoes and choice of four Applewood smoked bacon strips or four sausage links. 1270-1660 cal

MAGNIFICENT SEVEN®
Two eggs*, two Applewood smoked bacon strips and three buttermilk pancakes. 770 cal

COUNTRY FRIED STEAK & EGGS
Lightly breaded steak topped with our country-style cream gravy. Served with two eggs*, choice of hash browns or breakfast potatoes and choice of three buttermilk pancakes, fresh baked Mammoth Muffin® or buttered toast. 1260-1810 cal

FABULOUS FIVE
One egg*, two Applewood smoked bacon strips and choice of two buttermilk pancakes or buttered toast. 480-560 cal

NEW! TOP SIRLOIN STEAK & EGGS
USDA Choice 6 oz. grilled Top Sirloin steak*, topped with garlic butter and served with two eggs*, choice of hash browns or breakfast potatoes and choice of three buttermilk pancakes, Mammoth Muffin® or buttered toast. 1030-1580 cal

HAMMIN EGGGER
Two scrambled eggs with diced grilled ham and American cheese. Served with hash browns and buttered toast. 650 cal

EGGS IN A HOLE
Two slices of sourdough bread grilled with eggs*, cooked over medium, in the middle. Served with hash browns and two Applewood smoked bacon strips. 1060 cal

ALL AMERICAN
Two eggs* with two Applewood smoked bacon strips and crispy hash browns. 350 cal

TWICE AS NICE COMBO
Two eggs* with crispy hash browns and three buttermilk pancakes. 740 cal

COUNTRY SAUSAGE BISCUIT BREAKFAST
Two fresh baked sausage biscuits topped with cream gravy and American cheese. Served with two eggs*, two Applewood smoked bacon strips and choice of hash browns or breakfast potatoes. 1540-1610 cal

SOUTHERN FRIED CHICKEN BISCUIT BREAKFAST
A fried chicken fillet and American cheese inside two fresh baked biscuits. Topped with cream gravy, served with two eggs*, two Applewood smoked bacon strips and choice of hash browns or breakfast potatoes. 1550-1620 cal

ANY OMELET OR SCRAMBLED EGG ENTRÉE CAN BE PREPARED WITH EGG WHITES (2 EGGS/3 EGGS SUBTRACT 50/80 CAL) – JUST ASK US!

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MEAT ‘N POTATOES
THE EVERYTHING
FRESH-CRACKED
GRIDDLE GREATS

EGG-CELLENT BENEDICTS

Breakfasts

BIG BISCUIT

Omelets

FARM-FRESH
BENEDICTS

Egg-cellent

CALIFORNIA AVOCADO BENEDICT
A three-egg omelet served with crispy hash browns 210 cal or breakfast potatoes 280 cal and a choice of three made-from-scratch buttermilk pancakes 540 cal, buttered toast 310-390 cal or fresh-baked Mammoth Muffin® 630-790 cal unless noted “No sides”.

Great Plates – Value Menu Items

THE EVERYTHING
Diced grilled ham, crimini mushrooms, tomatoes, onions, green peppers and American cheese – this classic omelet has it all! 550 cal

GRANNY’S COUNTRY™
Filled with diced grilled ham, onions, green peppers, American cheese, cheese sauce and crispy hash browns. Topped with all of the same! 640 cal

HAM ‘N CHEESE
A traditional favorite of diced grilled ham and American cheese. Served with three buttermilk pancakes. No sides. 1050 cal

TURKEY SAUSAGE
An egg white omelet filled with turkey sausage, crimini mushrooms, green bell peppers, onions, diced tomatoes and Swiss cheese. Served with fresh fruit and dry whole wheat toast. No sides. 600 cal

MEAT ‘N POTATOES
Pork sausage, Applewood smoked bacon, smoked ham, grilled red onions and Cheddar atop an omelet stuffed with more of the same, plus crispy tots. 1030 cal

BUILD-YOUR-OWN
Choose any two ingredients 230 cal
ADDITIONAL CHARGE FOR EACH:
Diced Ham 140 cal • Sausage 210 cal
Applewood Smoked Bacon 35 cal • American Cheese 170 cal
Swiss Cheese 170 cal • Cheddar Cheese 170 cal
Pepper Jack Cheese 150 cal • Hollandaise 110 cal
Crimini Mushrooms 5 cal • Tomatoes 5 cal • Onions 10 cal
Green Peppers 5 cal

Our Eggs-traordinary Benedicts are served with fresh fruit and choice of crispy hash browns 210 cal or breakfast potatoes 280 cal.

THE CLASSIC BENEDICT
The tried-and-true favorite. Two basted eggs*, grilled ham and creamy hollandaise atop an English muffin. 650 cal

CALIFORNIA AVOCADO BENEDICT
Two basted eggs*, fresh avocado, Applewood smoked bacon, oven-roasted tomatoes, Pepper Jack cheese, creamy hollandaise and garlic seasoning atop an English muffin. 1020 cal

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GRIDDLE GREATS

Each served with two eggs* and choice of two Applewood smoked bacon strips 70 cal or two sausage links 240 cal unless noted “No sides”.

Great Plates – Value Menu Items

SCRATCH-MADE BELGIAN WAFFLE PLATTER
A Belgian Waffle dusted with powdered sugar. 620 cal a la carte 480 cal

FRENCH TOAST PLATTER
Three slices of Vienna bread dipped in our signature batter, grilled and sprinkled with powdered sugar. 620 cal a la carte (3) 480 cal

SHORT STACK
Enjoy a short stack of our three famous buttermilk pancakes. No sides. 540 cal

STRAWBERRY CROISSANT FRENCH TOAST PLATTER
A flaky buttery croissant, dipped in our signature batter, grilled and loaded with sweet glazed strawberries and Bavarian cream. 760 cal a la carte 630 cal

HEARTY EXTRAS
Applewood Smoked Bacon (4) 140 cal
Sausage Links (4) 460 cal
Sausage Patties (2) 380 cal
Turkey Sausage Patties (2) 210 cal
Smoked Sausage 380 cal
Crispy Hash Browns 210 cal
Crispy Tots 470 cal
Breakfast Potatoes 280 cal
Quaker® Oatmeal available till 11 a.m. 390 cal
Fresh Fruit 70 cal
Buttered Toast 310-390 cal
English Muffin 230 cal
Fresh Baked Biscuits (2) 650 cal
Fresh Baked Cinnamon Roll 710 cal
Fresh Baked Mammoth Muffin® 630-790 cal

NEW! STRAWBERRY CROPPES PLATTER
Two light delicate crepes with a sweet vanilla cream cheese, topped with fresh glazed strawberries, powdered sugar and whipped topping. 680 cal a la carte (2) 510 cal

NEW! BLUEBERRY BUTTERMILK PANCAKE PLATTER
Three buttermilk pancakes loaded with juicy blueberries, grilled and sprinkled with powdered sugar. 730 cal a la carte (3) 570 cal

NEW! BRIOCHÉ FRENCH TOAST PLATTER
Two slices of thick-cut brioche bread dipped in our signature batter, grilled and sprinkled with powdered sugar. 730 cal a la carte (2) 640 cal

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**THE EVERYTHING**
Grilled ham, crimini mushrooms, green peppers, tomatoes, onions and American cheese with two eggs* served over homestyle seasoned potatoes. 690 cal

**SPINACH & MUSHROOM**
Fresh from the garden. Fresh spinach, onions, crimini mushrooms and oven-roasted tomatoes, served with egg whites over homestyle seasoned potatoes. 440 cal

**BIG COUNTRY**
Pork sausage, Applewood smoked bacon, smoked ham, American cheese and cream gravy with two eggs* served over crispy smashed tots. 1160 cal

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**THE EVERYTHING**
Grilled ham, crimini mushrooms, green peppers, tomatoes, onions and American cheese with two eggs* served over homestyle seasoned potatoes. 690 cal

**SPINACH & MUSHROOM**
Fresh from the garden. Fresh spinach, onions, crimini mushrooms and oven-roasted tomatoes, served with egg whites over homestyle seasoned potatoes. 440 cal

**BIG COUNTRY**
Pork sausage, Applewood smoked bacon, smoked ham, American cheese and cream gravy with two eggs* served over crispy smashed tots. 1160 cal

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**CRAVING MORE WITH YOUR SUNRISE SKILLET?**
**ADDITIONAL CHARGE FOR CHOICE OF ONE SIDE:**
THREE BUTTERMILK PANCAKES 540 CAL,
FRESH BAKED MAMMOTH MUFFIN® 630-790 CAL
OR BUTTERED TOAST 310-390 CAL.

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**BUILD-A-BREAKFAST**
Made-to-order. Any order. Start with two large, farm-raised eggs* 170 cal, any style, then choose one item from each list below.

<table>
<thead>
<tr>
<th>Build-A-Breakfast</th>
<th>1</th>
<th>2</th>
<th>3</th>
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<tbody>
<tr>
<td></td>
<td>- Applewood Smoked Bacon (2) 70 cal</td>
<td>- Crispy Hash Browns 210 cal</td>
<td>- Three Buttermilk Pancakes 540 cal</td>
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<tr>
<td></td>
<td>- Sausage Links (2) 240 cal</td>
<td>- Crispy Tots 470 cal</td>
<td>- Fresh Baked Muffin® 630-790 cal</td>
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<tr>
<td></td>
<td>- Sausage Patties (2) 380 cal</td>
<td>- Breakfast Potatoes 280 cal</td>
<td>- Buttered Toast 310-390 cal</td>
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<tr>
<td></td>
<td>- Turkey Sausage Patties (2) 210 cal</td>
<td>- Fresh Fruit 70 cal</td>
<td>- Two Fresh Baked Biscuits 650 cal</td>
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<td></td>
<td>- Smoked Sausage 380 cal</td>
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</tbody>
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**CRAVING MORE?** ADDITIONAL CHARGE FOR TWO BACON STRIPS 70 CAL, SAUSAGE LINKS 240 CAL OR SAUSAGE PATTIES 380 CAL.

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*NOTICE: Eggs served over easy, basted, sunny-side up or soft boiled, and hamburgers and steaks that are served rare or medium-rare may be undercooked and will only be served upon the consumer’s request if permitted by health department regulations. Whether dining out or preparing food at home, consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.
POT ROAST MELT
Tender braised beef, grilled red onions, melted Cheddar and American cheeses on grilled garlic Parmesan sourdough bread with au jus for dipping. 1040 cal

SONOMA CHICKEN SALAD CROISSANT
A flaky, buttery croissant loaded with a blend of smoked, pulled chicken, red grapes, celery, walnuts and fresh leaf lettuce. 620 cal

TRIPLE DECKER CLUB
Butterball® oven-roasted turkey, Applewood smoked bacon, tomato, lettuce and mayo on white or whole wheat toast. 930 cal

FRENCH DIP
Warm, sliced roast beef, Swiss cheese and grilled red onions on a grilled hoagie with au jus for dipping. 750 cal

BIG BACON BLT
Six strips of crisp Applewood smoked bacon with lettuce, tomato and mayo on white or whole wheat toast. 640 cal

CHICKEN STRIPS MELT
Crispy chicken strips, Applewood smoked bacon and melted Pepper Jack cheese with Ranch dressing served on grilled sourdough bread. 1290 cal

HAM ‘N CHEESE MELT
Warm, deli-shaved ham, Applewood smoked bacon and melted American cheese on grilled sourdough bread with Honey Mustard dipping sauce. 1200 cal

*SPECIAL*: Eggs served over easy, poached, sunny-side up or soft boiled, and hamburgers and steaks that are served rare or medium-rare may be undercooked and will only be served upon the consumer’s request if permitted by health department regulations. Whether dining out or preparing food at home, consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illnesses. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.
SIGNATURE BURGERS

100% Angus beef prepared medium well and served with fries 570 cal or cup of soup 150-280 cal. Sub Onion Rings 500 cal

**BBQ TANGLER BURGER**
Sweet BBQ sauce, Cheddar cheese, Applewood smoked bacon, crunchy Onion Tanglers®, lettuce, tomato, sweet red onions and pickles on a warm brioche bun. 1170 cal

**THE BREAKFAST BURGER**
Crispy seasoned hash browns, Applewood smoked bacon, Cheddar cheese and a fried egg on a warm brioche bun 1120 cal

**PATTY MELT**
USDA Angus beef patty with sautéed onions and American cheese on grilled rye bread. 1170 cal

**CLASSIC CHEESEBURGER**
Cheddar cheese, lettuce, tomato, sweet red onions and pickles on a warm brioche bun. 910 cal

**HONEY MUSTARD CHICKEN CRUNCH**
Crispy chicken strips, sweet red onions, red peppers, tomatoes, American cheese, Applewood smoked bacon and Honey Mustard dressing on fresh garden greens. 980 cal

**TURKEY BLT**
Butterball® roasted turkey, Applewood smoked bacon, diced tomatoes, red onions and American cheese on fresh garden greens, served with choice of dressing. 380 cal

**SOUTHWEST AVOCADO**
Blackened chicken, black bean corn relish, American cheese and fresh avocado on garden greens with crunchy tortilla straws and a zesty Chipotle Ranch dressing. 820 cal

FRESH SALADS

DRESSINGS: White Balsamic Vinaigrette 180 cal · Blue Cheese 400 cal · French 350 cal · Honey Mustard 380 cal · Buttermilk Ranch 250 cal · Thousand Island 280 cal (Dressings may vary. Please ask your server).
**Comfort Classics**

**ADD A FRESH GARDEN SALAD 110 CAL OR CUP OF SOUP 150-280 CAL**

*Great Plates – Value Menu Items*

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**Fresh & Fit Substitutions**

- Asparagus = only 45 cal
- Green Beans w/Bacon = only 45 cal
- White Balsamic Dressing = 180 cal per serving
- Plain Baked Potato = save 180 cal

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**Grilled Tilapia & Shrimp**

Garlic-seasoned tilapia topped with grilled shrimp and drizzled with garlic butter. Served over herb rice pilaf with grilled asparagus. Also available Cajun-seasoned. 460/550 cal

**Jumbo Shrimp Dinner**

Six crispy-fried jumbo shrimp, served with cocktail sauce and choice of two dinner sides. 360-1410 cal

**Pot Roast Stroganoff**

Braised beef, crimini mushrooms and onions served over tender egg noodles in a savory cream sauce with a drizzle of sour cream. 1120 cal

**Chicken Strips Dinner**

Our crispy, all white meat chicken breast strips are served with Honey Mustard dipping sauce and choice of two sides. 890-1940 cal

**Double Catch**

Two crispy cod fillets with four jumbo fried shrimp. Served with fries, cocktail and tartar sauces. 1310 cal

**Butterball® Turkey & Dressing**

Oven-roasted slices on sage dressing with hearty turkey gravy and cranberry sauce. Served with two dinner sides. 520-1570 cal

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**Warm Up**

**WITH A CUP OR BOWL OF OUR DELICIOUS, HEARTY SOUP!**

<table>
<thead>
<tr>
<th>Type</th>
<th>Cup</th>
<th>Bowl</th>
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<tbody>
<tr>
<td>Chicken Noodle</td>
<td>150/260 cal</td>
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<tr>
<td>Tomato Basil</td>
<td>280/460 cal</td>
<td></td>
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<tr>
<td>Seasonal Soup</td>
<td>150-280/260-460 cal</td>
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CHICKEN, BACON & BROCCOLI PASTA
Lemon herb chicken, Applewood smoked bacon, broccoli, tomatoes and Parmesan on linguine with a lemon garlic cream sauce. 1120 cal
Also available with garlic grilled shrimp. 980 cal

GRILLED SALMON
Flaky, tender fillet - Cajun or garlic-seasoned, or teriyaki-glazed. Served with two dinner sides. 530-1590 cal

HOMEMADE MEATLOAF
Savory sweet-glazed meatloaf served over real mashed potatoes and topped with crispy onions and a rich beef gravy. Served with buttered corn. 1060 cal

CLASSIC POT ROAST
Tender chunks of braised beef, sweet green peas, tender carrots, onions and a hearty beef gravy. Served with two dinner sides. 650-1700 cal

BEVERAGE & PIE
CHOOSE ANY BEVERAGE AND SLICE OF PIE FOR AN ADDITIONAL CHARGE WITH ANY ENTRÉE PURCHASE.

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Handcrafted Menu

PERKINS 55+

LUNCH & DINNER BEVERAGES

LUNCH DUOS & TRIOS

Classics COMFORT Combo

New! MINI POT PIE

HANDHELDS

MINI POT PIE COMBO

STEAK & PEPPERS

STEAK & PEPPERS

USDA steak tips* with tender red bell peppers, grilled red onions, crimini mushrooms and a rich beef gravy served over homestyle seasoned potatoes. 800 cal

HIBACHI GRILLED SHRIMP

HIBACHI GRILLED SHRIMP

Teriyaki-glazed grilled shrimp, stir-fried with red bell peppers, red onions and broccoli, all served on garlic butter rice. 610 cal

Hibachi Fried Chicken 780 cal

These one-pan meals are packed with flavor. ADDITIONAL CHARGE FOR A FRESH GARDEN SALAD 110 CAL OR CUP OF SOUP 150-280 CAL.

MINI POT PIE Combo

Our right-sized Chicken Pot Pie served with a fresh garden salad plus a FREE slice of our fresh baked pie! 1250-1710 cal

Available only after 11 a.m.

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ORIG IN A L TASTE
iced tea
iced tea
Handcrafted
Menu
PERKINS 55+
LUNCH & DINNER
BEVERAGES
LUNCH DUOS & TRIOS
Classics
COMFORT
Combo
New!
MINI POT PIE
HANDHELDS
Handcrafted
LUNCH & DINNER
ALL DAY BREAKFAST
55 PLUS TWO-EGG OMELET
Choose any two ingredients: 170 cal
Additional charge for each:
- Diced Ham 80 cal • Sausage 210 cal • Applewood Smoked Bacon 35 cal
- American Cheese 110 cal • Swiss Cheese 110 cal • Cheddar Cheese 110 cal • Pepper Jack Cheese 100 cal • Hollandaise 110 cal • Crimini Mushrooms 5 cal • Tomatoes 5 cal • Onions 10 cal • Green Peppers 5 cal
Served with choice of two buttermilk pancakes, fresh baked Muffin® or buttered toast. 485-1170 cal

55 PLUS ONE-EGG CLASSIC
One egg* with two Applewood smoked bacon strips or two sausage links, crispy hash browns or breakfast potatoes and choice of two buttermilk pancakes, fresh baked Muffin® or buttered toast. 750-1470 cal

55 PLUS ONE-EGG BENEDICT
A basted egg*, grilled ham and hollandaise on an English muffin half. Served with fresh fruit and choice of crispy hash browns or breakfast potatoes. 690-760 cal

ALL DAY BREAKFAST

55 PLUS POTATO PANCAKES
Three potato pancakes served with applesauce and two Applewood smoked bacon strips. 610 cal

55 PLUS BUTTERMILK PANCAKES
Three buttermilk pancakes served with two Applewood smoked bacon strips or two sausage links. 610-780 cal

55 PLUS BROCHIE FRENCH TOAST
Two slices served with two Applewood smoked bacon strips or two sausage links. 710-880 cal

55 PLUS FRENCH TOAST
Three slices served with two Applewood smoked bacon strips or two sausage links. 560-730 cal

ADD GLAZED STRAWBERRIES 170 cal

LUNCH & DINNER

55 PLUS BUTTERBALL® TURKEY & DRESSING
Oven-roasted slices on sage dressing with hearty turkey gravy and cranberry sauce. 520-1570 cal

55 PLUS CHICKEN STRIPS DINNER
Served with Honey Mustard dipping sauce. 890-1940 cal

55 PLUS TILAPIA GRILLE
Two Cajun or garlic-seasoned grilled, lake-grown tilapia fillets. 450-1500 cal

55 PLUS GRILLED CHICKEN BREAST
Choice of Cajun, garlic-seasoned or teriyaki-glazed. 300-1360 cal

55 PLUS POT ROAST
Tender chunks of braised beef, sweet green peas, carrots, onions and hearty beef gravy. 650-1700 cal

55 PLUS COUNTRY FRIED STEAK
Lightly breaded steak topped with warm, country-style cream gravy. 660-1710 cal

55 PLUS GRILLED PORK CHOPS
Two pork chops with choice of Cajun or garlic seasonings, or teriyaki-glazed. 660-1720 cal

*BEST ROASTED CHESTNUT 200 cal

Variety may vary by location

55 PLUS MENU
Available to our guests 55 years of age and older.

55 PLUS TWO-EGG OMELET
Choose any two ingredients: 170 cal
Additional charge for each:
- Diced Ham 80 cal • Sausage 210 cal • Applewood Smoked Bacon 35 cal
- American Cheese 110 cal • Swiss Cheese 110 cal • Cheddar Cheese 110 cal • Pepper Jack Cheese 100 cal • Hollandaise 110 cal • Crimini Mushrooms 5 cal • Tomatoes 5 cal • Onions 10 cal • Green Peppers 5 cal
Served with choice of two buttermilk pancakes, fresh baked Muffin® or buttered toast. 485-1170 cal

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Two slices served with two Applewood smoked bacon strips or two sausage links. 710-880 cal

55 PLUS FRENCH TOAST
Three slices served with two Applewood smoked bacon strips or two sausage links. 560-730 cal

ADD GLAZED STRAWBERRIES 170 cal

Served with two sides: Garden Salad • Fresh Fruit • Grilled Asparagus • Green Beans with Bacon • Fresh Broccoli • Buttered Corn • Fresh Sautéed Spinach • Herb Rice Pilaf • Real Mashed Potatoes • French Fries • Crispy Tots • Baked Potato • Add a third side for additional charge. 45-570 cal per side

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55 PLUS GRILLED CHICKEN BREAST
Choice of Cajun, garlic-seasoned or teriyaki-glazed. 300-1360 cal

55 PLUS POT ROAST
Tender chunks of braised beef, sweet green peas, carrots, onions and hearty beef gravy. 650-1700 cal

55 PLUS COUNTRY FRIED STEAK
Lightly breaded steak topped with warm, country-style cream gravy. 660-1710 cal

55 PLUS GRILLED PORK CHOPS
Two pork chops with choice of Cajun or garlic seasonings, or teriyaki-glazed. 660-1720 cal

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YOUR LUNCH YOUR WAY

Available after 11 a.m.

DUO & TRIO

DUO
Pick one item from two of the four categories

TRIO
Pick one item from three of the four categories

1 BOWL OF SOUP

CHICKEN NOODLE  260 cal
TOMATO BASIL  460 cal
SEASONAL SOUP  460 cal

2 HALF SANDWICHES

BLT
Three strips of Applewood smoked bacon with lettuce, tomato and mayo served on white or whole wheat toast. 320 cal

CHICKEN STRIPS MELT
Crispy chicken strips, Applewood smoked bacon and melted Pepper Jack cheese with Ranch dressing and served on grilled sourdough bread. 720 cal

FRENCH DIP
Warm, sliced roast beef, Swiss cheese and grilled red onions on a grilled hoagie with au jus for dipping. 390 cal

NEW! POT ROAST MELT
Tender braised beef, grilled red onions, melted Cheddar and American cheese on grilled garlic Parmesan sourdough bread with au jus for dipping. 870 cal

NEW! HAM ‘N CHEESE MELT
Warm, deli-shaved ham, Applewood smoked bacon and melted American cheese on grilled sourdough bread with Honey Mustard dipping sauce. 800 cal

3 SIGNATURE SIDE SALADS

TURKEY BLT
Butterball® roasted turkey, Applewood smoked bacon, diced tomatoes, red onions and American cheese on fresh garden greens, served with choice of dressing. 190 cal

SOUTHWEST AVOCADO
Blackened chicken, black bean corn relish, American cheese and fresh avocado on fresh garden greens. Garnished with crunchy tortilla straws and served with Chipotle Ranch dressing. 480 cal

THE GARDEN
Garden greens, tomatoes, sweet red onions, American cheese and croutons, served with choice of dressing. 110 cal

HONEY MUSTARD CHICKEN CRUNCH
Crispy chicken strips, sweet red onions, tender red bell peppers, tomatoes, American cheese, Applewood smoked bacon and Honey Mustard dressing on fresh garden greens. 490 cal

4 PIES & TREATS

FRESH BAKED COOKIES (2)  580-620 cal
BROWNIE  560 cal
SLICE OF FRESH BAKED PIE
Variety may vary by restaurant.
• Banana Cream Pie  700 cal
• Caramel Apple Pie  500 cal
• Cherry Pie  580 cal
• Chocolate French Silk Pie  760 cal
• Coconut Cream Pie  640 cal
• Heath® Crunch Cheesecake Pie  720 cal
• Homestyle Apple Pie  570 cal
• Lemon Meringue Pie  530 cal
• Peanut Butter Silk Pie  930 cal
• Wildberry Pie, no sugar added  470 cal

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2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

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